



NEWS RELEASE

Del Taco Restaurants, Inc. to Host Fireside Chat at the 22nd Annual ICR Conference on January 14, 2020

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LAKE FOREST, Calif.--(BUSINESS WIRE)-- Del Taco Restaurants, Inc. ("Del Taco" or the "Company"), (NASDAQ: TACO), the second largest Mexican-American quick service restaurant chain by units in the United States, today announced that John D. Cappasola, Jr., President and Chief Executive Officer; and Steven L. Brake, Executive Vice President and Chief Financial Officer; will host a fireside chat at the 22nd Annual ICR Conference at the Grande Lakes Hotel and Resort in Orlando, Fla.

The fireside chat will take place on Tuesday, January 14, 2020 at 10:30 AM Eastern Time and will be webcast live and later archived at www.deltaco.com under the investors section and as well as at the ICR Conference website at www.icrconference.com.

About Del Taco Restaurants, Inc.

Del Taco (NASDAQ: TACO) offers a unique variety of both Mexican and American favorites such as burritos and fries, prepared fresh in every restaurant's working kitchen with the value and convenience of a drive-thru. Del Taco's menu items taste better because they are made with quality ingredients like fresh grilled chicken and carne asada steak, hand-sliced avocado, hand-grated cheddar cheese, slow-cooked beans made from scratch, and creamy Queso Blanco. The brand's campaign, Celebrating the Hardest Working Hands in Fast Food, further communicates Del Taco's commitment to restaurant-level team members that provide guests with the best quality and value for their money through cooking, chopping, shredding and grilling menu items from scratch. Founded in 1964, today Del Taco serves more than three million guests each week at its more than 580 restaurants across 15 states. For more information, visit www.deltaco.com.

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