



NEWS RELEASE

Del Taco Restaurants, Inc. to Present at the 21st Annual ICR Conference on January 14, 2019

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LAKE FOREST, Calif.--(BUSINESS WIRE)-- Del Taco Restaurants, Inc. ("Del Taco" or the "Company"), (NASDAQ: TACO), the second largest Mexican-American quick service restaurant chain by units in the United States, today announced that John D. Cappasola, Jr., President and Chief Executive Officer; and Steven L. Brake, Executive Vice President and Chief Financial Officer; will present at the 21st Annual ICR Conference on Monday, January 14, 2019 at the Grande Lakes Hotel and Resort in Orlando, Florida. The presentation will begin at 10:00 AM Eastern Time and will be webcast live and later archived.

The presentation will be posted to the Del Taco website before the presentation begins at investor.deltaco.com under the "News & Events" tab, where the webcast will be viewable. The webcast can also be viewed directly through the conference website at www.icrconference.com.

About Del Taco Restaurants, Inc.

Del Taco (NASDAQ: TACO) offers a unique variety of both Mexican and American favorites such as burritos and fries, prepared fresh in every restaurant's working kitchen with the value and convenience of a drive-thru. Del Taco's menu items taste better because they are made with quality ingredients like fresh grilled chicken and carne asada steak, hand-sliced avocado, hand-grated cheddar cheese, slow-cooked beans made from scratch, and creamy Queso Blanco. Del Taco's new advertising campaign, "Celebrating the Hardest Working Hands in Fast Food," further communicates the company's commitment to providing guests with fresh, quality food prepared by hand every day. Founded in 1964, today Del Taco serves more than three million guests each week at its more than 560 restaurants across 14 states. For more information, visit www.deltaco.com.

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