



NEWS RELEASE

Quest Diagnostics Earns Gold Status in American Heart Association's 2019 Workplace Health Achievement Index

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SECAUCUS, N.J., Nov. 5, 2019 /PRNewswire/ -- Quest Diagnostics (NYSE: DGX), the world's leading provider of diagnostic information services, today announced that it has achieved Gold status in the American Heart Association's 2019 Workplace Health Achievement Index, ranking the company's workplace health initiative among the best in the nation. 2019 marks the second year in a row that Quest has earned this distinction.

More than 1,000 companies completed the Index assessment this year and those which received Gold recognition have demonstrated the highest level of achievement. The Index uses science-based best practices to evaluate the overall quality and comprehensiveness of workplace health programs.

"Quest Diagnostics is a shining example of a workplace culture of health that starts at the top with CEO Steve Rusckowski," said Nancy Brown, CEO of the American Heart Association. "As a member of the AHA CEO Roundtable, Steve leads a healthcare company that walks the talk by applying evidence-based approaches to improve employees' overall health and well-being."

"Our goal at Quest Diagnostics is to promote a healthier world, and that starts with the health of our 46,000 employees," said Steve Rusckowski, Chairman, Chief Executive Officer and President, Quest Diagnostics. "Winning the Gold in the AHA Health Index two years in a row underscores our commitment to employee health and the power of population health strategies based on diagnostic insights."

The employee health strategy of Quest Diagnostics focuses on analyzing data from the company's Blueprint for Wellness® laboratory and biometric screening services, which help individuals to identify disease risk. The company then connects at-risk individuals to programs for conditions ranging from prediabetes to mental health provided by

the company's network of leading healthcare alliances.

Quest Diagnostics also provides Blueprint for Wellness and related employee health and population health management services to more than 5,500 employers nationwide.

"Quest Diagnostics empowers better health with diagnostic insights, whether for patients, employees or health-focused consumers," said Jay G. Wohlgemuth, M.D., Senior Vice President and Chief Medical Officer, Quest Diagnostics, and head of the company's employee population health strategy. "Our data-driven health services empower better health care for less cost, not only for our employees but for those of other employers as well."

In addition to the Gold Status in American Heart Association's Workplace Health Achievement Index, Quest Diagnostics achieved Best Employers: Excellence in Health & Well-Being Award from the National Business Group on Health in 2019 and 2018. The company has also received CEO Cancer Gold Standard accreditation™ from The CEO Roundtable on Cancer.

About Quest Diagnostics Health & Wellness

Quest Diagnostics is a leader in health and wellness services that improve outcomes and costs for employers and their employees. The company combines data-driven population management based on its proprietary Blueprint for Wellness® laboratory and biometric screening with integrated access to intervention providers, supporting employees on the continuum of care to better health. For more information, visit www.QuestForHealth.com.

About Quest Diagnostics

Quest Diagnostics empowers people to take action to improve health outcomes. Derived from the world's largest database of clinical lab results, our diagnostic insights reveal new avenues to identify and treat disease, inspire healthy behaviors and improve health care management. Quest annually serves one in three adult Americans and half the physicians and hospitals in the United States, and our 46,000 employees understand that, in the right hands and with the right context, our diagnostic insights can inspire actions that transform lives. www.QuestDiagnostics.com.

About the American Heart Association

The American Heart Association is devoted to saving people from heart disease and stroke – the two leading causes of death in the world. We team with millions of volunteers to fund innovative research, fight for stronger public health policies and provide lifesaving tools and information to prevent and treat these diseases. The Dallas-based association is the nation's oldest and largest voluntary organization dedicated to fighting heart disease and stroke. To learn more or to get involved, call 1-800-AHA-USA1, visit heart.org or call any of our offices around the country. Follow us on [Facebook](#) and [Twitter](#).

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