



Quest Diagnostics Earns Gold Status in National Business Group on Health's Best Employers for Healthy Lifestyles Awards

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SECAUCUS, N.J., Oct. 9, 2018 /PRNewswire/ -- Quest Diagnostics (NYSE: DGX), the world's leading provider of diagnostic information services, announced today that it received the Gold Award in the 2018 Best Employers for Healthy Lifestyles awards from the National Business Group on Health (NBGH). The awards recognized 49 employers that have an exceptional commitment to improving the lives of their employees through their overall well-being, productivity and quality of life. The Gold Award is presented to member companies that have a strong commitment to holistic well-being and related metrics.



"More companies are on a path to integrate employee well-being into their workforce strategy to deploy the most engaged, competitive and productive workforce possible. As a 2018 Best Employer for Healthy Lifestyles Gold Award recipient, Quest Diagnostics is at the forefront of this national movement," said Brian Marcotte, President and CEO of the NBGH.

"As a leading healthcare company, Quest makes the health and well-being of our 45,000 employees a top priority," said Steve Rusckowski, Quest Diagnostics Chairman, President and Chief Executive Officer. "Receiving the NBGH Gold Award is a distinct honor and highlights the effectiveness of our employee wellness strategy. Our approach combines diagnostic insights with population-health management, care coordination and intervention to deliver better and more cost-effective health care for our people."

Over the past 18 years, Quest has offered wellness screening services based on its diagnostic and population-health expertise, both to its own employees and their spouses/domestic partners, and as a product offering to other employers focused on employee health and wellness. The company's signature program, Blueprint for Wellness®, empowers individuals to gain insights into their health risks and encourages an active role in improving their own wellness.

In addition to the NBGH award, Quest Diagnostics recently achieved Gold status in the American Heart Association's 2018 Workplace Health Achievement Index, ranking the company's workplace health program among the best in the nation. The company is also CEO Cancer Gold Standard accredited by The CEO Roundtable on Cancer.

About Quest Diagnostics Health and Wellness

Quest Diagnostics is a leader in Health and Wellness services that improve outcomes and costs for employers and their employees. The company combines data-driven population management based on its proprietary Blueprint for Wellness® laboratory and biometric screening with integrated access to intervention providers, supporting employees' on the continuum of care to better health. For more information, visit www.QuestForHealth.com.

About Quest Diagnostics

Quest Diagnostics empowers people to take action to improve health outcomes. Derived from the world's largest database of clinical lab results, our diagnostic insights reveal new avenues to identify and treat disease, inspire healthy behaviors and improve health care management. Quest annually serves one in three adult Americans and half the physicians and hospitals in the United States, and our 45,000 employees understand that, in the right hands and with the right context, our diagnostic insights can inspire actions that transform lives. www.QuestDiagnostics.com.

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