



## Quest Diagnostics Named Healthiest Employer in Philadelphia, Baltimore and Washington, D.C. Regions

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### Regional honors follow company's Platinum-Level 'Best Employer for Healthy Lifestyles' distinction from National Business Group on Health

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Quest Diagnostics (NYSE: DGX), the world's leading provider of diagnostic testing, information and services has been ranked as top healthy employer in the Philadelphia, Baltimore and Washington, D.C. regions. These honors follow the company's selection in May as a Platinum-level 'Best Employer for Health Lifestyles' by the National Business Group on Health, in recognition of its HealthyQuest employee wellness program.

Quest Diagnostics Nichols Institute in Chantilly, Virginia, was named 'Healthiest Employer' by the *Washington Business Journal* in September. Earlier in the year, the *Philadelphia Business Journal* and the *Baltimore Business Journal* also recognized the company's leadership in employee wellness with top honors. Each business journal evaluates leadership in employee wellness based on data provided by companies on the wellness programs offered to employees.

At the heart of the Quest Diagnostics HealthyQuest program is the company's [Blueprint for Wellness®](#) health risk assessment service, which includes a panel of up to 30 laboratory tests. Each Blueprint for Wellness participant receives a patient-friendly report that includes laboratory test results, a health assessment and a health quotient score.

"Quest Diagnostics is honored to be recognized locally and nationally as an employer committed to the health and well-being of our employees and their families," said David W. Norgard, Quest Diagnostics vice president, Human Resources. "Through HealthyQuest and Blueprint for Wellness, we see firsthand that - whether we are maintaining good health, managing a chronic illness, or fighting disease - when we personally receive and engage with the data that directly reflect the quality of our health today, and our health prospects for tomorrow, we are better informed and highly motivated to take positive action."

#### About Quest Diagnostics

Quest Diagnostics is the world's leading provider of diagnostic testing, information and services that patients and doctors need to make better healthcare decisions. The company offers the broadest access to diagnostic testing services through its network of laboratories and patient service centers, and provides interpretive consultation through its extensive medical and scientific staff. Quest Diagnostics is a pioneer in developing innovative diagnostic tests and advanced healthcare information technology solutions that help improve patient care. Additional company information is available at [www.QuestDiagnostics.com](http://www.QuestDiagnostics.com).

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