



Senior Housing Properties Trust

NEWS RELEASE

Senior Housing Properties Trust Announces 11 Properties Recently Recognized for Excellence

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NEWTON, Mass.--(BUSINESS WIRE)-- Senior Housing Properties Trust (Nasdaq: SNH) today announced that 11 of its buildings have been recognized recently for awards by the Building Owners and Managers Association (BOMA) and the U.S. Environmental Protection Agency (EPA), as follows:

PROPERTY	CITY	STATE	BUILDING AWARD
Anasazi Plaza 1 - 11209 North Tatum Blvd.	Phoenix	AZ	EPA ENERGY STAR Certification
1615 Lakeside Drive	Waukegan	IL	EPA ENERGY STAR Certification
5799 Broadmoor Place	Mission	KS	EPA ENERGY STAR Certification
801 Roeder Road	Silver Spring	MD	EPA ENERGY STAR Certification
8401 Golden Valley Road	Golden Valley	MN	EPA ENERGY STAR Certification
8501 Golden Valley Road	Golden Valley	MN	EPA ENERGY STAR Certification
4700 North Hanley Road	St. Louis	MO	EPA ENERGY STAR Certification
4411 The 25 Way	Albuquerque	NM	EPA ENERGY STAR Certification
3043 Walton Road	Plymouth Meeting	PA	EPA ENERGY STAR Certification
730 Holiday Drive	Pittsburgh	PA	EPA ENERGY STAR Certification
Texas Center for Athletes - 21 Spurs Lane	San Antonio	TX	BOMA 360 Designation

These properties are managed by The RMR Group LLC. The RMR Group LLC manages Senior Housing Properties

Trust and it is the majority owned operating subsidiary of The RMR Group Inc. (Nasdaq: RMR). The RMR Group LLC is responsible for providing all aspects of property management services to over 700 buildings with over 75 million square feet of commercial office, industrial, medical office, lab and retail space.

Ten buildings recently achieved ENERGY STAR certification. ENERGY STAR certified buildings must meet strict energy performance standards set by the U.S. EPA. To be eligible for ENERGY STAR certification, a building must earn an ENERGY STAR score of 75 or higher, indicating that it performs better than at least 75% of similar buildings nationwide. SNH's ENERGY STAR program management is performed by RMR. SNH and RMR are ENERGY STAR Partners.

The Texas Center for Athletes in San Antonio, TX, was recently designated as a BOMA 360 Performance Building by the Building Owners and Managers Association (BOMA) International 360 Performance Program. The BOMA 360 Performance Program® sets standards that are often referred to in the market for operational best practices in the commercial real estate industry. Earning the BOMA 360 label indicates that BOMA believes the building is outperforming the competition with regards to its operations and management.

About Senior Housing Properties Trust

Senior Housing Properties Trust is a real estate investment trust, or REIT, which owns medical office buildings, senior living communities and wellness centers throughout the United States. SNH is managed by the operating subsidiary of The RMR Group Inc. (Nasdaq: RMR).

About The RMR Group Inc.

The RMR Group Inc. is a holding company and substantially all of its business is conducted by its majority owned operating subsidiary, The RMR Group LLC. The RMR Group LLC is an alternative asset management company that primarily provides management services to publicly traded REITs and real estate related operating companies. As of June 30, 2018, The RMR Group LLC had approximately \$30.0 billion of total assets under management, including more than 1,700 properties, and employed almost 600 real estate professionals in more than 35 offices throughout the United States; the companies managed by The RMR Group LLC collectively had over 52,000 employees. The RMR Group Inc. is headquartered in Newton, Massachusetts.

A Maryland Real Estate Investment Trust with transferable shares of beneficial interest listed on the Nasdaq.

No shareholder, Trustee or officer is personally liable for any act or obligation of the Trust.

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Source: Senior Housing Properties Trust