



Senior Housing Properties Trust

NEWS RELEASE

Senior Housing Properties Trust Fourth Quarter and Year End 2018 Conference Call Scheduled for Friday, March 1st

2/1/2019

NEWTON, Mass.--(BUSINESS WIRE)-- **Senior Housing Properties Trust** (Nasdaq: SNH) today announced that it will issue a press release containing its fourth quarter and year end 2018 financial results before the Nasdaq opens on Friday, March 1, 2019. At 10:00 a.m. Eastern Time that morning, President and Chief Operating Officer Jennifer Francis and Chief Financial Officer Richard Siedel will host a conference call to discuss these results.

The conference call telephone number is (877) 329-4297. Participants calling from outside the United States and Canada should dial (412) 317-5435. No pass code is necessary to access the call from either number. Participants should dial in about 15 minutes prior to the scheduled start of the call. A replay of the conference call will be available through 11:59 p.m. Eastern Time on Friday, March 8, 2019. To hear the replay, dial (412) 317-0088. The replay pass code is 10127645.

A live audio webcast of the conference call will also be available in a listen-only mode on the company's website, which is located at www.snhreit.com. Participants wanting to access the webcast should visit the company's website about five minutes before the call. The archived webcast will be available for replay on the company's website after the call.

SNH is a real estate investment trust, or REIT, that owns medical office and life science properties, senior living communities and wellness centers throughout the United States. SNH is managed by the operating subsidiary of

The RMR Group Inc. (Nasdaq: RMR), or RMR Inc., an alternative asset management company that is headquartered in Newton, MA.

A Maryland Real Estate Investment Trust with transferable shares of beneficial interest listed on the Nasdaq.

No shareholder, Trustee or officer is personally liable for any act or obligation of the Trust.

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